

## **NEWBIE GUIDE TO THE Swinger Lifestyle – [www.SwingerToronto.com](http://www.SwingerToronto.com)**

When life becomes boring and you look forward in bringing back that lost essence you can indeed think about a swinger lifestyle. Swinger lifestyle is not something illicit or shameful. It is definitely a practical way of life. It involves happily married couples along with single swingers. It is all about a group work sexual relationship. No hiding, no falsifying and no accusation – only a healthy sexual interaction between two and more than two married and single people.

The concept is not quite contemporary. Such relationships are only possible if you have an out and out adult bent of mind. Maturity and sense of responsibility – these unique traits are required if you really intend to be a part of this exceptional concept of swinger lifestyle. It is a sort of mutual agreement between husbands and wives that when they are losing interest in life and having hot verbal interactions each day why not try out something exceptional in trying to maintain that equilibrium of a happy married life.

At times the level of sexual interface between husbands and wives are often disrupted. The reasons for this can be several. Low sex drive, too much family consciousness, unavoidable financial stress and tension and a lot more of other vital reasons – yes all these are responsible for an unhappy relationship. However, to make everything unhappy happy and to keep that husband wife equation correct it is always wise to switch over to a swinger lifestyle.

In this particular lifestyle there are illimitable sexual liberties between swinger couples. Swinger couples are extremely professional. They tend to enter into these relationships when they are rightfully paid. Moreover, this is not the only sexual relationship they are having. They may serve as swingers in other families as well. Thus because of this professional attitude there is no chance of having a romantic bent of mind. Wives would no longer have nightmares about their husband's secret relationship with other women because here everything is open and explicit.

Swinging relationship is not a modern concept. It had its roots in mid seventies and eighties when everything was so superficial and forceful. However, at that point of time society was not that open minded. People were too fanatical about relations and commitments. They could not accept anything dynamic and extrovert. Thus whatever happened was behind the screen. There was no social acceptance. At that point of time people used to wrongly talk about swinger lifestyles. However with changing time and attitude this relationship has acquired that universal acceptance. Now swingers can act independently without being rebuked and accused irrationally.

Swingers are not different from others. They don't have any particular bench mark. No special get ups and no unique life styles. Swingers are normal human beings just like you and me. Thus, when they approach for a swinger relationship they do it in the most smart and neat fashion. However, there is every possibility that you may not feel comfortable with a particular swinger. Take no pains – for you have every right to change your swinger partner. In the same way when a swinger feels that he or she is not at ease in a particular swinging relationship they may step forward and knock the next door. It is their trade and so they are never ready to compromise.

A swinger lifestyle is quite a lavish way of existence. Extravagance is its key word and fearlessness lies at the bottom of the hearts of most swingers. Yes, it is true that swingers do swing from one relation to the other but that has nothing to do with their moralistic and ethical point of view.

Now what about these swingers? Why do they indulge in open sexual relationships? Are they happy with what they are doing? These are simple questions to be answered. Swingers are normal and responsible citizens. They know their job well. What is different about them is that they don't prefer to handle responsibilities of conjugal relationships – like having children and looking after the family. They want to enjoy a normal sexual lifestyle without marital commitments. These swingers are definitely happy in what they are doing. If they are not happy with one they instantly change to the other. It is after all their profession and they have every right to be choosy.

An extensive personal review has proved the point that most couples are happy about their swinging relationships. In fact such an affair has improved their life style to a great extent. They don't have any more of those stupid fights and arguments. They cherish whatever they are doing. At the end of the day both husbands and wives are positively contented with what they are doing.

You even have swinger organizations. These concepts are highly innovative. There are places in Western Europe and North America where you find several swinging organizations. There are swinger's clubs where all swingers meet to enjoy and talk about their swinging experiences. They giggle, laugh and even share serious thoughts regarding their profession. Maintaining a swinging relationship is not an easy affair in all respects as human minds are diverse and there is much variation in power of acceptance. There are people who initially think that they will be able to handle such relations but as they experience their husband and wives sleeping with someone else they start behaving fanatically.

There are more than 3000 swinging clubs all over the world. However, these clubs always prefer to maintain a low profile as they do not want any negative social activity to hamper their normal day to day activities. There are several people in society who always have a tendency to attack people who aspire to be a bit different and exclusive from others. Swingers always try to keep themselves away from such nagging publics.

You can also be a part of several swinger's bars and nightclubs. In such places the swingers arrange for get together. When these swingers enjoy they make it a point not to let any non swingers spoil the normality of their life style. They prefer privacy and enjoy dignity in their relationships with others.

However, in the mid 80s the upsurge of several sexual diseases gave a blow to this swinging concept. Multiple sexual relationships were considered illicit and harmful for the social race. This was going on because most people were worried about the transfer of detrimental sexual ailments. Thus, swinging practices became low and the swingers kept their activities under coverage.

However, with the universal acceptance of the concept you will get to hear about several swinging associations and organizations who are trying to take their profession on an universal level. In these places swingers are trying to create a positive social image about their profession. They are extremely conscious in this affair. Their attempt of carrying out a positive propaganda about their trade is extremely decent and organized.

What do people have to say about this concept? Most people who are in favor of open sex, extra marital affairs and live together concept have gladly accepted a swinging lifestyle as they find it extremely relevant and a decent way of leading life in a different way. These people are of the opinion that when nothing works in a relationship it is better that you search for an external support. A swinging relation gives support to a marital relationship.

However, there is always an other side of the coin. There are people who are of the opinion that once you enter into such relationships you tend to lose interest in your married life. You refuse giving time to your wife and family. You have a tendency to aloof yourself from social duties. You become so occupied with your news lifestyle that everything becomes secondary for you. You may also start finding your wives boring. Your level of interaction with your partner becomes less. Sex is indeed an integral part of a happy conjugal life and once it is disturbed the equation becomes wrong.

Moreover there are people who are afraid of AIDS and other related sexual diseases. There are countries where people go for medical tests before getting married. This is to ensure that the person they are marrying are devoid of harmful sexual diseases. Thus, with such a bent of mind it becomes very difficult for a man or a woman to allow their husbands and wives go for settled and talked about extra marital relationships. Thus, such conservative outlooks have given swinging relationships a mark of limitation. It is definitely not something unlawful but still it is kept as a secret in most cases.

However, a swinging relationship is best for those who are unproductive. When you know that you cannot produce a child you would refuse to get married. At that point of time a swinging relationship would be apt for you. No commitments, no responsibility and no social disgrace for not having children – only unbound sexual pleasure. This sounds quite germane and lucid.

However, to end it all, a swinging relationship only becomes successful on husband wife's mutual understanding and power of acceptance and also greatly depends on the professional attitude of a swinger. Thus, if all goes well then this concept of **YOU, ME AND SHE** or **YOU, ME AND HE** is definitely going to become a hit.